

# Ava Area CHAMBER COMMERCE

## Chamber Chat



October 2021

### What's Happening

**10/11** Chamber Board  
Meeting @ 12pm

**10/12** Chamber Luncheon  
@12pm (see pg. 3)

#### 2021 Chamber Officers

**President:** Anita Madche

**V P:** Richard Sturgeon

**Secretary:** Gail Huffman

**Treasurer:** Betty Ridenour

#### 2021 Board Members

Bart Ellison, Patty Nelson  
Bob Sellers, Amy Porter,  
Danny Letsinger, Glenda Little  
Bob Sorensen, Wes Davis,  
Dick Salgado, Logan Little

#### Office Staff

Judy Shields, Director  
Nina Carter, Office Assistant  
Bill Jones, Office Support

#### Chamber Board Meetings

are held on the second Monday  
of each month. To be a guest or  
add an item to the agenda,  
contact the Chamber office.

#### Chamber Luncheons

are held on the second Tuesday  
of each month at 12:00 and are  
complimentary to members.  
Contact the office for infor-  
mation on hosting a Luncheon.

#### Economic Development

Meetings held each month.

#### Contact Us

810 Collins Avenue  
PO Box 1103 Ava, MO 65608  
417-683-4594  
director@avachamber.org

#### MISSOURI FOX TROTTING HORSE SHOW GROUNDS

Hwy 5 just 2 miles north of Ava, Missouri

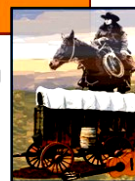
### PIONEER HERITAGE FESTIVAL OF THE OZARKS

**October 1st & 2nd**

**Friday 10 am—7 pm**

**Saturday: 9 am—7 pm**

Heritage artisans exhibiting  
& demonstrating traditional  
handcrafting skills



HANDMADE ITEMS FOR SALE!

FRIDAY		MUSIC STAGE SCHEDULE		SATURDAY	
12:00 - 1:00	Red Bridge Bluegrass Band	12:00 - 1:00	Ozark Thunder Cloggers		
1:30 - 2:30	Brixey Creek Trio	1:30 - 2:30	Youth Talent Show		
3:00 - 4:00	Stringed Union Bluegrass	3:00 - 4:00	Backyard Bluegrass		
4:30 - 5:30	*Open Jam *(all musicians welcome to join in!)	4:30 - 5:30	Possum Trot Band		
5:30	Costume Contest	5:30	Costume Contest		
6:00 - 7:00	DANCE - Everyone welcome to join the Dance! Accompanied by Ashley Forrest, Fiddle, and Noel "Festus" Scott, Guitar!	6:00 - 7:00	New Grass Attack		

*Bring your own chair for the music!*  
*Venue seating is limited!!*

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**GREAT  
FOOD!**

**Parking is free!**  
**Suggested gate donation of \$5 (or more!)**  
for persons 18 or older will help with event  
expenses!

**BEST PERIOD  
COSTUMES  
CONTESTS!**  
5:30 each day!!

## Glade Top Trail Flaming Fall Revue

Sponsored by the Ava Chamber of Commerce

**Saturday,  
October 16, 2021  
10:30AM-3:00PM**



Enjoy the Vibrant Fall  
Colors of the Ozarks!

Bring your chairs and  
cameras, & plan to stay awhile!

#### Lunch Served 11AM-2PM

Pulled Pork Plate w/sides \$7  
Beans & Ham w/Cornbread \$5  
Hot Dog Plate \$4  
Drinks Included

#### Free, Family Fun!

- ♦ Outdoor Church Service 10:30AM
- ♦ Delicious Food
- ♦ Live Music
- ♦ Dessert Auction
- ♦ Pumpkin Painting
- ♦ Turkey Calling Contest
- ♦ Fall Photo Booth
- ♦ Pumpkin Ring-Toss
- ♦ Vendors w/Handcrafted items

South of Ava on Hwy 5, turn right on A. Follow Glade Top Trail signs to Caney Picnic Area.

*"This institution is an equal opportunity provider. This institution is operated under special use permit with the Mark Twain National Forest."*

## Chamber Member News

**Touch of Healing Wellness Center** is continuing their Fall Macrobiotic Cooking Classes. This series will focus on cooking for fall and learning how to regain health and maintain it. Get one-on-one, hands-on instruction! Classes are on Saturdays from 10am-1pm on 10/9, & 10/23 \$35 per class. Reserve your spot at 417-522-3647.

**The Friends of the Douglas County Public Library** will have a Book Sale October 7, 8, and 9 in the Douglas County Public Library Conference Room during regular library hours: Thursday and Friday 9am-5pm, and Saturday 9am -12 noon. Thursday will be first choice, Friday will be half price, and Saturday will be \$3.00 bag day. Participants will be asked to wear a mask.

**YOU are invited** to "A Christmas Celebration Chamber Luncheon" December 14th, 2021, sponsored by ART by Katie West and Pastor Bob & Darlene Sorenson, Bethany Baptist Church. Please come a little early (11:30am) to view a Special Christmas Art Show by Katie West, along with Joy-filled Christmas Music, Chili Feast, Pumpkin Pie with whipped cream, and a Special Art Presentation. Katie West will also be donating some of her books and framed art pieces for a special drawing!

Bring your Best Smile and Festive Christmas Spirit; Bethany Baptist Church, 302 SE 18th Avenue, Ava, MO. We look forward to seeing YOU there!



**New Chamber Members**

**Coy Welding**

(509) 919-1070

Mobile welding service: Pipe fencing, gates, trailer repairs, heavy equipment repair.

### Ava Chamber Continues to Grow

*Welcome*  
**New  
Chamber  
Members**

The Ava Chamber of Commerce would like to extend a warm welcome to our newest member, Coy Welding! The addition of this new member brings the Chamber membership roster to 226 - our largest yet!

It is through the partnership and participation of its members that the Ava Chamber is able to accomplish great things for the Ava community.





## Annual Halloween Costume Contest on the Ava Square!

The Ava Lions Club will be holding their annual Halloween Costume Contest on the Ava Square at 5:30pm on October 31st. The contest is open to anyone ages newborn and up. Prizes will also be given to the youngest and oldest contestant. 1st-5th place prizes will be given in each age category, and all 1st place winners will then compete for the "Grand Prize"!



There are other Halloween activities and trunk-or-treats taking place. Visit the Ava Chamber Facebook page for updates. Have a safe and happy Halloween!

# October Chamber Luncheon

CREATING CONNECTIONS

**October 12th  
at 12PM**

Hosted by:  
**Great Southern Bank**  
at the Ava Lions Club

*Upcoming Luncheons*

*November - VFW & VFW Auxiliary  
December - Art by Katie West*

October is

## Breast Cancer Awareness Month

### RISK FACTORS

- GENDER:** Breast cancer occurs nearly 100 times more often in women than in men.
- AGE:** Two out of three women with invasive cancer are diagnosed after age 55.
- RACE:** Breast cancer is diagnosed more often in caucasian women than women of other races.
- FAMILY HISTORY AND GENETIC FACTORS:** If your mother, sister, father or child has been diagnosed with breast or ovarian cancer.
- PERSONAL HEALTH HISTORY:** If you have been diagnosed with breast cancer in one breast, you have an increased risk of being diagnosed in the other breast in the future.
- MENSTRUAL AND REPRODUCTIVE HISTORY:** Early menstruation (before age 12), late menopause (after 55), having your first child at an older age, or never having given birth.
- CERTAIN GENOME CHANGES:** Mutations in certain genes.
- DENSE BREAST TISSUE:** This can also make lumps harder to detect.
- LACK OF PHYSICAL ACTIVITY:** A sedentary lifestyle.
- POOR DIET:** A diet high in saturated fat and lacking fruits and vegetables.
- BEING OVERWEIGHT, OBESE OR IF YOU HAVE ALREADY GONE THROUGH MENOPAUSE.**
- FREQUENT CONSUMPTION OF ALCOHOL:** The more alcohol you consume, the greater the risk.
- RADIATION TO THE CHEST:** Having radiation therapy to the chest before the age of 30.
- COMBINED HORMONE REPLACEMENT THERAPY (HRT):** Taking combined hormone replacement therapy, as prescribed for menopause. This also increases the risk that the cancer will be detected at a more advanced stage.

<https://www.nationalbreastcancer.org/>

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Convenient  
Locations to  
Serve You**

[www.mo-ozarks.org](http://www.mo-ozarks.org)

## WOMEN'S HEALTH EXAMS MAMMOGRAPHY REFERRALS



**Gainesville Clinic**  
87 Elm St.  
Gainesville, MO  
417-679-2775



**Ava Clinic**  
504 W. Broadway Ave.  
Ava, MO  
417-683-5739



**Cabool Clinic**  
904 Zimmerman Ave.  
Cabool, MO  
417-962-5422



**Houston Clinic**  
1340 S. Sam Houston Blvd.  
Houston, MO  
417-967-0772



**Mansfield Clinic**  
804 N. Highway 5  
Mansfield, MO  
417-924-8809



**Licking Clinic**  
135 College Ave.  
Licking, MO  
573-674-1089



**Mountain Grove Clinic**  
1604 C. North Main St.  
Mountain Grove, MO  
417-926-1713

All Missouri Ozarks Community Health locations gladly accept Medicaid, Medicare, private insurance and self-pay. As a Federally Qualified Health Center, we offer a discounted rate (slide program) to those who do not have medical or dental coverage and whose household income meets the income guidelines.

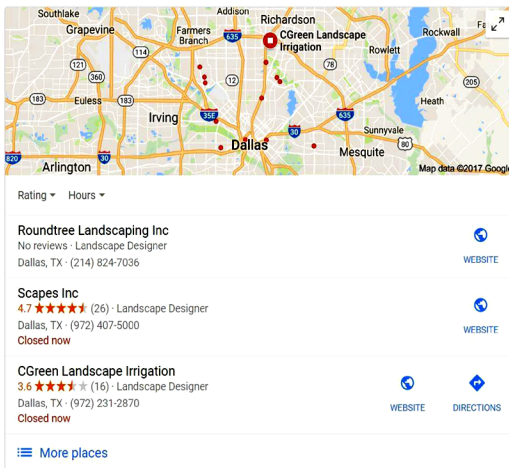
## Ava Area Chamber of Commerce

810 Collins Avenue

P.O. Box 1103

Ava, MO 65608

## Online Reviews - Who would you call first?



### Key Factors In Reviews

- ★ Average Star Rating
- ★ Total Number of Reviews
- ★ Or total lack of them!
- ★ Review Frequency
- ★ Age of Reviews
- ★ Average Ratings Across Multiple Sites
- ★ Response to Negative Reviews
- ★ Sentiment of the Reviews

### What Does This Mean For You?

Use reviews to Influence more people to choose your business over your competitors.



Most businesses don't have a reliable process to ask their satisfied customers for positive reviews. We have a systematic approach to help you get more reviews for your business. Call us at 417-686-8345 or you can send us a request at <https://www.omdm.agency/services#Reviews>.



Promote your business!

Gain customers!

Advertise in the Chamber's weekly E-Blast!

Just \$5 a week for Members!

Need help creating your ad?

No problem!  
We've got you covered!